

# Cajun Original Foods, Inc. Quality, Trust, Flavor!

#### **KEEP FROZEN**

CAJUN

About 7 servings per container Serving size 4 Bites (70g)

**Nutrition Facts** 

**Amount Per Serving** Calories

#### % Daily Value Total Fat 1.50 2% Saturated Fat 0g 0%

Trans Fat 0g Cholesterol 15mg 5%

Sodium 290ma 13% Total Carbohydrate 16g 6%

Dietary Fiber <1a 3% Total Sugars 1g

Includes 0g Added Sugars

#### Protein 4q

Vitamin D 0mcg Calcium 30mg

Iron 1.3mg

Potassium 90mg

The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet, 2,000 calories a day is used for general nutrition advice.

## Crawfish Cajun Bites!

Delicious Cajun Sauce Piquant Flavor!



Frv From Frozen!

## **Cooking Instructions:**

Skillet Frv in 1-1/2" of oil, or Deep Frv at 350°(F) for 4 Minutes, or until Golden Brown, with a steaming hot center(160°(F)). Separate each Bite to avoid sticking together. Don't put too many frozen Bites in hot oil, to keep oil temperature hot. Keep Frozen until Ready to Fry. Do not thaw!

### Average of 26 Cajun Bites Inside!

INGREDIENTS: Water, Long Grain and Parboiled Rice (rice enriched with thiamine mononitrate, niacin, iron, folic acid), Crawfish, Diced Tomatoes (tomatoes, tomato juice, salt, calcium chloride, citric acid), Bread Crumbs [enriched wheat flour (flour, malted barley flour, reduced iron, niacin, thiamine mononitrate, riboflavin, folic acid), water, high fructose corn syrup, yeast, soybean oil, salt.], Tomato Paste (tomatoes), Enriched Wheat Flour (bleached wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid). Corn Flour, Dehydrated Onion, Canola Oil, Soy Protein Isolate, Corn Starch, Salt, Dehydrated Bell Pepper, Worcestershire Sauce (distilled white vinegar, molasses, water, sugar, onions, anchovies, salt, garlic, cloves, tamarind extract, natural flavorings, chili pepper extract), Green Chili Peppers (green chili peppers, water, salt, citric acid), Liquid Butter Concentrate (soybean oil, natural butter flavor, turmeric and annatto (for color),

tocopherol (to preserve freshness). Modified Food Starch, Granulated Garlic, Mushroom Powder (maltodextrin, natural

mushroom flavor). Dehydrated Parsley, Dehydrated Green Onions, Ground Red Chili Pepper,

CONTAINS: Wheat, Fish (anchovies), Shellfish, Soy

MANUFACTURED BY: Cajun Original Foods, Inc. 704 Avenue D New Iberia, LA 70560 337-367-1344 www.caiunoriginal.com

MADE IN U.S.A.

NET WT. 1 lb. (453.6 g.)



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0%

2%